



# Body Zone Figure Skating Club

May 10, 2017

Dear Members and New Members:

Enclosed you will find the membership forms along with information about BZFSC. Please read all the information!

There are three forms that must be returned along with the fees. They are the **adult code of conduct form (page 4)**, the **guideline/waiver form (pages 4 &5)** and the **membership form (page 6)**. Both the code of conduct for and the waiver form must be signed. The Club has included the harness waiver form in the general membership packet. Please make sure this form is signed as well. For skaters under 18, a parent or guardian must sign the forms. Please return the forms to the address that can be found on the membership form by June 30 or give it to the ice monitor on duty.

Also, remember that your membership must be current to participate in competitions and test sessions. In order to be considered a member in good standing the code of conduct form must be signed and returned. **MEMBERSHIP WILL NOT BE PROCESSED UNLESS WAIVER IS SIGNED AND RETURNED WITH THE FEES.**  
**Applications received after June 30<sup>th</sup> will incur a \$5.00 late fee to cover processing charge.**

Thank You,

Body Zone Figure Skating Board



The Body Zone Figure Skating Club strives to provide a supportive and inclusive environment for all skaters; to encourage and facilitate the instruction, practice and advancement of members in any of the disciplines of figure skating consistent with the USFSA Guidelines; and to cultivate a spirit of fraternal feeling among skaters.

BZFSC is a member club of the U.S. Figure Skating Association. Membership is open to individuals who are skaters as well as those interested in supporting the development and growth of figure skating at a local level. USFS and BZFSC require a parent to register for membership with the skater if the skater is under the age of 18. The membership year runs from July 1 to June 30. Membership includes a subscription to *Skating* magazine, voting rights, rights to test, participate and compete in U.S. sanctioned events.

### Membership Advantages

1. Members are given discounts for ice time, testing sessions, and exhibitions.
2. 1 free test during the membership year (does not include ice fee or hospitality fee). This test must be taken at Body Zone Sports Complex.
3. Members can test at Red Rose, White Rose, Hershey and Central PA figure skating clubs without having to pay non-member test fees.
4. Adult Members of BZFSC can be ice monitors. Members receive 1 hour of free ice time for each hour monitored. You may not skate while ice monitoring. Please contact the monitoring coordinator if you wish to ice monitor.
5. BZFSC Logo Jackets: Members can have any jacket or shirt embroidered with the club logo at CBL Custom Apparel 2313 Penn Avenue West Lawn (610) 670-7840.

### General Information

1. Check the bulletin board and website [www.bodyzonefigureskatingclub.org](http://www.bodyzonefigureskatingclub.org) for information and updates.
2. Punch Cards are \$100 for members and \$130 for nonmembers. They may be purchased at the Body Zone Front Desk. They can purchase 30 minute (20 punches) or 60 minute (10 punches) cards. **Once card is punched, no credit will be given if you want to get off the ice early.**
3. Cost for hourly sessions is Members \$12 (\$6 per ½) without a punch card; Nonmembers \$15 (\$8 per ½) without a punch card.
4. Currently there are 2 exhibitions and 2 test sessions per year sponsored by the club.
5. Figure skating club members occasionally conduct consignment sales of figure skating items such as apparel and skates. Please check website or bulletin board for more information.
6. Every three months a professional ice skate sharpener will be available for skate sharpening.
7. Members and nonmembers are encouraged to volunteer their time in assisting with events.
8. Contact any of the board members with questions regarding events or the club.

### Coaches

1. The following coaches have registered with USFS/PSA and are members of BZFSC:
  - Kelly Asroff
  - Kathleen Burrows
  - Meghan Bezler
  - Alyssa Henderson
  - Ray Laub
  - Andrei Lavrentiev
  - Niki Wagner
  - Andrea Wolfe
2. Coaches are available for private, semi-private or group lessons. You may approach a coach directly if you wish to arrange lessons or contact the BZ Skating Director, Audrey Turner for assistance.
3. Coaches' fees and figure skating ice time are two separate fees. Please pay coach directly for lesson. Payment for ice time is given to ice monitor or to the Body Zone ice desk.
4. Each coach has different training and skill levels. Skater should choose a coach based on their needs. Some coaches offer off-ice training, ice dancing or group lessons. Please discuss with the coach what type of services they offer. Not all of the coaches working at Body Zone are Body Zone Figure Skating Club Members and may not be USFS or PSA members.
5. Coaches prepare skaters for competitions and testing. They will inform you of the procedure to apply for the competition and the level, which you may skate.



# Body Zone Figure Skating Guidelines For Skaters And Parents

**Whose responsibility is it to ensure safe and positive skating experience during our figure skating sessions? All of ours...Skaters, Parents, Ice Monitors and Coaches.**

*Please read the following guidelines. If you have any questions, talk with one of the coaches, rink management staff, or a BZFSC Board member. Sign the signature page at the end of the form noting that you have read and agree to follow the guidelines. **MEMBERSHIP WILL NOT BE PROCESSED UNLESS WAIVER IS SIGNED AND RETURNED ALONG WITH FEES.***

## Ice Time

1. Skaters both nonmembers and members must sign in and pay at the ice desk or with the ice monitor before entering the ice. If no one is available for payment, it is the skater's responsibility to return to the ice monitor or ice desk for payment.
2. Skaters may only skate on the sessions that they paid for. No one may skate earlier or later than scheduled time.
3. Figure skating time is subject to change. Please check the schedule prior to skating.
4. You may **NOT** punch your own card otherwise the monitor will punch it again.
5. You are required to patch any holes made from jumping before exiting the ice. You must allow for this in your paid session.
6. Jumping in the crease is prohibited.

## Safety --- Figure Skating Sessions can be dangerous

1. All skaters are to remain alert while skating.
2. Use of any type of headsets (iPods or cellular phones) is strictly prohibited while skating.
3. Skater's may not congregate or socialize on the ice. If you want to have a conversation move off the ice completely.
4. Skater's will yield the right of way as follows:
  - Skaters in a lesson doing their program to music
  - Skaters in lesson
  - Skaters doing their program not in a lesson
5. Skaters may not: play or race on the ice, kick the ice, lie down or sit on the ice, or make/throw snowballs. No skater may push, pull, grab or purposely bump into other skaters.
6. No gum, food or drinks other than water are allowed on the ice.
7. No one is allowed on the ice when the Zamboni door is open.
8. If any of the above safety rules are broken, skaters may be asked to leave the ice.

## Music Box

1. The Music Box must be set up and put away carefully. When setting up the box, please sit it on a chair. It is much easier to use and see the box when it is sitting higher and it also keeps the sensitive parts of the audio cord off the floor.
2. Skaters using iPods must use the iPod cord. The audio cord is not to be removed from the stereo.
3. Only coaches and club officers may give permission to use the music box to skaters under the age of 16.
4. **Music box priority:**
  - Skaters in a lesson
  - If there is more than one skater in a lesson or practicing programs, music will be put in a queue on the CD rack.
  - Dance or program music may not be played repeatedly. Turn the music off once the dance or program is completed.

Signature Page (Page 1 of 2)

SKATER NAME (PLEASE PRINT): \_\_\_\_\_

There are various levels of skaters on the ice and this potentially can be dangerous. It is the parent's responsibility to explain the rules of the ice and all of our responsibility to ensure that they are followed.

Please sign below indicating that you have read and agree to comply with the BZFSC Ice Guidelines:

Skater Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if skater is under 18)

***Exhibition, competition and test session Waiver. Please read the following waiver and sign your name below:***

It is agreed that the skater and their family holds USFS, Body Zone FSC and Body Zone Sports and Wellness Complex harmless from any and all liability either during practice, testing, exhibitions or competitions and from any and all liability for damages to or loss of property.

Skater Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if skater is under 18)

***Press Release waiver:***

There are times when photos taken at performances may be used for publication in Body Zone and Body Zone Figure Skating club communications. I consent for my or my child's picture to be used for such press releases. It is understood that these photos will not be a source of income for either institution and, therefore, will not have compensation associated with using these photos. If you do not want your pictures used, do not sign.

Skater Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if skater is under 18)

## Signature Page (Page 2 of 2)

Skater Name (Please Print): \_\_\_\_\_

### Harness Waiver:

A skating safety harness is a teaching tool used to assist the skater in learning and refining jumps and other skating techniques and when used in conjunction with the skater's technical skills can be helpful in the preventing injuries due to falls. However, injuries and bruises can still occur, even serious injuries, from falls or collisions with other skaters. The coach and skater using the harness should maintain awareness of other skaters, especially those performing their programs, and yield right of way accordingly.

For insurance purposes, only insured, USFS registered professional coaches who are members of the BZFSC and trained in the proper use of the harness are permitted to use the harness for lessons. These lessons will be conducted only on club or rink figure skating sessions. The skater must be a member or affiliate member of the BZFSC and be free of any medical conditions that would put the skater at risk while using the harness.

The last coach/skater to use the harness during a figure skating session is responsible for properly storing the device to prevent damage and accidents.

*I have read, understand and accept these terms and conditions and agree to waive and release any and all claims against the BZFSC, the Body Zone Sports and Wellness Complex, the professional coach, and other skaters from any injury resulting from use of the skating harness.*

Skater Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if skater is under 18)



**BODY ZONE FIGURE SKATING CLUB – MEMBERSHIP FORM  
2017/2018**

**Please complete the information on the form below. You may leave the application and a check for your dues payable to Body Zone Figure Skating Club with the ice monitor or mail it to:**

Kerri Wilson  
1610 Ethan Drive  
Wyomissing, PA 19610

\*\*\*\*\*

Name: \_\_\_\_\_ USFS #: \_\_\_\_\_ USA Citizen: Yes No (Circle one)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

Please check all membership categories that apply:

- \_\_\_\_\_ \$104 - Junior membership + Parent/Guardian (please list parent/guardian name: \_\_\_\_\_ )
- \_\_\_\_\_ \$80 - Adult membership
- \_\_\_\_\_ \$44 - Additional skating membership (please list name: \_\_\_\_\_ )
- \_\_\_\_\_ \$60 - Adult non-skating membership
- \_\_\_\_\_ \$65 - BZ Professional Skating membership
- \_\_\_\_\_ \$15 - Affiliate BZ Professional Skating membership (please list Home Club \_\_\_\_\_ )
- \_\_\_\_\_ \$74 - Introductory Junior membership + Parent/Guardian (please list parent/guardian name: \_\_\_\_\_ )
- \_\_\_\_\_ \$50 - Introductory Adult membership
- \_\_\_\_\_ \$50 - Affiliate membership (please list Home Club \_\_\_\_\_ )
- \_\_\_\_\_ \$150 - Collegiate membership

Please check your skating category:

- Competitive* – You currently compete in any activity, i.e. local competitions, showcase, basic skills, qualifying competitions, etc.
- Recreational* – You skate purely for fun and/or testing; you do not compete.
- Adult* – You are over the age of 21 and are either a competitive or recreational skater. If you are a competitive skater, you only skate in Adult qualifying events.
- Collegiate* – You are in college and are either a competitive or recreational skater.
- Parent/Guardian*
- Introductory (junior or adult)*

**Application Received date:**

**Amount:**

**Check #:**

**Membership chair /Board member/Ice monitor initials:**

**Add \$5.00 to amount due if you submit application after June 30<sup>th</sup> (introductory members are the only ones exempt from this fee)**

**\*\*\*Membership Application must be accompanied by the Waiver\*\*\***

<b>Membership Type</b>	<b>USFS Membership Fee</b>	<b>BZ Skating Membership Fee</b>	<b>Total Cost</b>
Junior Skater (under 18 years old) & Parent/Guardian (2 memberships)	\$84	\$20	<b>\$104</b>
Adult Skating Membership	\$60	\$20	<b>\$80</b>
*INTRODUCTORY (first time members only) Junior Skater & Parent/Guardian (2 memberships)	\$54	\$20	<b>\$74</b>
*INTRODUCTORY (first time members only) Adult Skater	\$30	\$20	<b>\$50</b>
Adult Non-Skating Membership	\$60	\$0	<b>\$60</b>
Additional Skating Membership (*siblings)	\$24	\$20	<b>\$44</b>
BZ Skating Professional Membership	\$60	\$5	<b>\$65</b>
BZ Skating Professional Affiliate Membership	\$0	\$15	<b>\$15</b>
Collegiate Membership (good for 4 years)	\$70	\$80 (\$20 x 4 years)	<b>\$150</b>
Affiliate Membership	\$0	\$50	<b>\$50</b>

**Junior Skater** – This membership is for junior skaters (under the age of 18) and their parent/guardians. The junior skating member will have all skating member privileges and their parent/guardian will have all member privileges. The parent/adult has the right to attend and vote at the BZ Annual Meeting. One parent/guardian of a junior skater/introductory junior skater is required to be a member of the Body Zone Figure skating club.

**\*INTRODUCTORY Junior / Adult Skater** – This membership is available for first-time full members of USFS. Same benefits apply as above.

**Adult Skating Membership** – This membership is for adult skaters (age 18 and older) who wish to have skating privileges. This member has the privilege of attending and voting at the BZ Annual Meeting.

**Adult Non-Skating Membership** – For adults (age 18 and older) who are interested in supporting the club and being involved in figure skating in non-skating ways such as volunteering or serving as a USFS official. This member has the privilege of attending and voting at the BZ Annual Meeting.

**Collegiate Membership** – This membership is for currently enrolled college students. This membership is good for 4 years and can only be purchased one time. Proof of full-time student status is required. If 18 years of age or older, this member has the privilege of attending and voting at the BZ Annual Meeting.

**Skating Professional Membership** – This membership is for professional skating instructors. This member has the privilege of attending and voting at the BZ Annual Meeting.

**Affiliate Professional Membership** – These skating instructors can't vote at the annual meeting but can have their credentials listed on the Body Zone Figure Skating website or any other materials that publicize their skill sets.

**Additional Memberships** – These memberships are for family members of the primary club member. These memberships can be skating or non-skating. If 18 years of age or older, members have the privilege of attending and voting at the BZ Annual Meeting.

**Affiliate Memberships** – This membership is for skaters who are currently members of another USFS recognized figure skating club and would like to gain access to BZ club programs. Affiliate members are not eligible for free tests or ice monitoring.