



Body Zone Figure Skating Club Information

The Body Zone Figure Skating Club strives to provide a supportive and inclusive environment for all skaters; to encourage and facilitate the instruction, practice and advancement of members in any of the disciplines of figure skating consistent with the USFSA Guidelines; and to cultivate a spirit of fraternal feeling among skaters.

BZFSC is a member club of the U.S. Figure Skating Association. Membership is open to individuals who are skaters as well as those interested in supporting the development and growth of figure skating at a local level. USFS and so BZFSC requires a parent to register for membership with the skater if the skater is under the age of 18. The membership year runs from July 1 to June 30. Membership includes a subscription to *Skating* magazine, voting rights, and the right to test, participate, and compete in U.S. sanctioned events.

Membership Advantages

1. Members are given discounts for ice time, testing sessions, and exhibitions.
2. Prepaid Member discounts:
 - a. Morning discount 6-10 am or if the session ends earlier \$100 per month (\$130 for nonmembers)
3. Members of BZFSC can be ice monitor. Members receive 1 hour of free ice time for each hour monitored. You may not skate while ice monitoring. Please contact petra@bluespruce.us if you wish to ice monitor.
4. Discount for membership to the fitness center: No Enrollment fee (a savings of \$99) and 2 free months on the end of your contract (fitness center memberships are for 12 months).
5. BZFSC Logo Jackets: Members can have any jacket or shirt embroidered with the club logo at CBL Custom Apparel 2313 Penn Avenue West Lawn 610 670-7840. Women's and girl's black jackets are available at a 10% discount for club members from Bear Hill. Order via the website <http://www.bearhillsports.com/>. The coupon redemption code for Body Zone is: BZ45FP, please enter this code at checkout.
6. Contact Membership Chair, Carol Pitts pitts115@ptd.net if you wish to become a member.

General Information

1. Check the bulletin board and website (bodyzonefigureskatingclub.org) for information and updates.
2. Punch Cards are \$100 for members and \$130 for nonmembers. They may be purchased at the Body Zone Ice Desk. Each punch is for a 30-minute session.
3. Cost for hourly sessions is Members \$12 without a punch card; Nonmembers \$15 without a punch card.
4. Currently there are 3 exhibitions per year.
5. There are two test sessions planned this year. Please contact Tina Snader bssnader@ptd.net for more information.
6. Figure skating club hosts occasional sale of figure skating items such as apparel and skates. Please check website or bulletin board.
7. Members and nonmembers are encouraged to volunteer their time in assisting with events.
8. Contact any of the board members with questions regarding events or the club.

Coaches

1. The following coaches have registered with USFS/PSA and are members of BZFSC:
Alyssa Henderson
Trisha Hessinger
Ray Laub

Andrei Lavrentiev
Stacy McLucas
Oleg Petrov
Andrea Wolfe
Jaclyn Yacomes

2. Coaches are available for private, semi-private or group lessons. You may approach a coach directly if you wish to arrange lessons or contact the BZ Skating Director, Audrey Turner for assistance.
3. Coaches' fees and figure skating ice time are two separate fees. Please pay coach directly for lesson. Payment for ice time is given to ice monitor or to the body zone ice desk.
4. Each coach has different training and skill levels. Skater should choose a coach based on their needs. Some coaches offer off ice training, ice dancing or group lessons. Please discuss with the coach what type of services they offer. All of the coaches working at the Body Zone are not Body Zone Figure Skating Club Members and may not be USFS or PSA members.
5. Coaches prepare skaters for competitions and testing. They will inform you of the procedure to apply for the competition and the level, which you may skate

Contact Information

1. The Body Zone Figure Skating Club website: <http://www.bodyzonefigureskatingclub.org/>
2. Board Members:
 - President – Debbie Yost: efterpe@excite.com
 - Vice President - Petra Lellig: petra@bluespruce.us
 - Secretary – Elizabeth Cordova: Betsycordova@gmail.com
 - Treasurer – Melissa McKelvey: jandmmckelvey@dejazzd.com
 - Test Chair- Tina Snader: bssnader@ptd.net
 - Membership Chair – Carol Pitts: pitts115@ptd.net
 - Coach Liasions - Ray Laub & Andrei Lavrentiev: icecarray@dejazzd.com & lavrentiev@comcast.net